

ENERGY BALLS

Ingredients :

- 320g of dates
- 100g of almonds
- 145g of grated coconut
- 3 tablespoons bitter cocoa powder

Recipe :

Mix the pitted dates with the almonds that you have previously chopped and 90g of grated coconut.

While still mixing, add the cocoa powder.

Shape balls of 2 cm in diameter by hand.

Coat the balls with the remaining grated coconut.

Storage recommendations : Can be stored up to 2 weeks in the refrigerator.

